

GOALS

CONNECT

REBUILD

RESTORE



The **NCFRP Program** is available in the following options to fit your needs:

- Initial Evaluation**
- 6-Week Program**
- 6-Week Spanish Program**
- Aftercare Program**

“This program served to help return my body to near pre-injury condition. I truly feel this program should be mandatory for every injured worker. I cannot recommend this program enough!”

- Patient

recover

EAST BAY PROGRAM

1335 Stanford Avenue
Emeryville, CA 94608
510.985.1199 office
510.985.1191 fax
www.NCFRP.com
referrals@ncfrp.com

More locations
COMING SOON

DIRECTIONS TO OUR EMERYVILLE OFFICE

From San Francisco

Take BAY BRIDGE toward Oakland
Take I-80 EAST toward Berkeley/Sacramento
Take Powell Street Exit (first exit off I-80 East)
Turn right onto Powell Street (go .4 mile)
Turn right onto Hollis Street (< .1 mile)
Take the first left onto Stanford (< .1 mile)
1335 Stanford is on the right

From Sacramento

Take I-80 WEST toward Berkeley/Sacramento
Take Powell Street Exit toward Frontage Road
Turn left onto Frontage Road
Turn left onto Powell Street (go .4 mile)
Turn right onto Hollis Street (< .1 mile)
Take the first left onto Stanford (< .1 mile)
1335 Stanford is on the right

From San Jose

Take I-880 NORTH toward Oakland to 80 EAST
Take Powell Street Exit (first exit off I-80 East)
Turn right onto Powell Street (go .4 mile)
Turn right onto Hollis Street (< .1 mile)
Take the first left onto Stanford (< .1 mile)
1335 Stanford is on the right

RECONNECT RESTORE



NORTHERN CALIFORNIA
**FUNCTIONAL
RESTORATION**
P R O G R A M

An integral division of Pain & Rehabilitative Consultants Medical Group

What is Functional Restoration?

The Northern California Functional Restoration Program is designed to evaluate and treat patients with persistent pain and delayed recovery. NCFRP's team of experienced pain specialists utilizes an inter-disciplinary approach as recommended by the guidelines of the Medical Treatment Utilization Schedule (MTUS). The goal of Functional Restoration is to improve the quality of life of Chronic Pain patients by treating the whole person to help them regain their ability to function within their lives, relationships, and work. At NCFRP, our goal is to provide cost-effective, flexible and outcomes-driven functional restoration treatment to our clients.

NCFRP has been serving the Worker's Compensation industry for more than 18 years.

NCFRP's goal is to **REBUILD, RECONNECT & RESTORE.**

REBUILD

- Optimize or reduce medication usage
- Reduce Depression
- Reduce Anxiety
- Reduce Stress
- Utilize effective coping skills and learn to independently manage pain
- Transition into a more self-directed pain management

RECONNECT

- Improve capability of employment by increasing tolerance to work activities
- Re-engagement in social, recreational and vocational activities
- Return to Work guidance and resources
- Support systems and family participation

RESTORE

- Increase ability to perform activities of daily living and work activities
- Improve overall physical functioning
- Reduce utilization of Healthcare System

SUCCEED and THRIVE

the NCFRP Advantage

REFERRING IS *easy!*

1

Primary Treating Physician (PTP) refers patient to NCFRP

 FAX: (510) 985-1191

 EMAIL: referrals@ncfrp.com

 ONLINE FORM: www.ncfrp.com/referralform.php

 or CALL NCFRP at (510) 985-1199 for assistance

2

A comprehensive INITIAL EVALUATION is performed to determine candidacy and baseline measurements

3


6-WEEK FUNCTIONAL RESTORATION PROGRAM

4

Immediate Post-FRP appointment with the Primary Treating Physician (PTP)

5

AFTERCARE as needed

 Our dedicated bi-lingual administrative support team provides authorizations processing services as well as transportation and lodging accommodations for your patients.



A CARF ACCREDITED CENTER OF EXCELLENCE

NCFRP was awarded the highest level of accreditation. An organization receiving this level of accreditation has put

itself through a rigorous peer review process and has demonstrated its commitment to offering programs and services that are measurable, accountable, and of the highest quality.

Our **MISSION** is to rebuild lives by rehabilitating patients to a higher functional level, reconnecting them with the community and improve their quality of life.

Our outcome measures studies evidence that individuals who are treated at NCFRP:

- ✓ Significantly improve physical functioning
- ✓ Improve emotional well-being; including depressive and anxiety-related symptoms
- ✓ Improve experiential functioning: better participation in activities-of-daily living, greater participation in desired social activities, and greater quality of interactions with significant others
- ✓ Have reduced reliance on opioid medications and other pain-related medications
- ✓ Have significantly high return-to-work rate and adaptive changes to stationary/permanent status

Meet the Team



Babak Jamasbi, MD, FACPM, QME



Brendan Morley, MD, FACPM, APC, QME



Timothy Lo, MD, MP, DABPN, QME



Arzhang Zereshki, MD, QME



Callum Eastwood, PsyD, QME



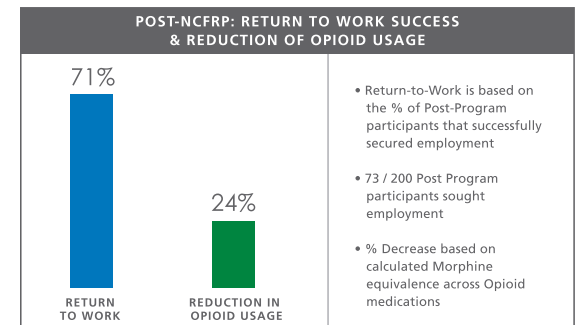
Lauren Melendres, PhD



Mariel Barcebal, PsyD



Rachael Polokoff, PhD



Summary Highlights for Reduction of Opioid Dosage and Return-to-work Rate:

- ✓ 24% average reduction in opioid medication dosage post-NCFRP
- ✓ 71% of those seeking to return to work were successful post-NCFRP

collaboration