

GOALS

CONNECT

REBUILD

RESTORE



The **NCFRP Program** is available in the following options to fit your needs:

6-Week Program

Stay-At-Work Program

Spanish Program

Aftercare Program

Medical Optimization & Detox Program

“This program served to help return my body to near pre-injury condition. I truly feel this program should be mandatory for every injured worker. I cannot recommend this program enough!”

- Andrea M., Patient

EAST BAY PROGRAM

1335 Stanford Avenue
Emeryville, CA 94608
510.985.1199 office
510.985.1191 fax
www.NCFRP.com
frp@prcmg.com

More Locations
coming soon . . .

DIRECTIONS TO OUR EMERYVILLE OFFICE

From San Francisco

Take BAY BRIDGE toward Oakland
Take I-80 EAST toward Berkeley/Sacramento
Take Powell Street Exit (first exit off I-80 East)
Turn right onto Powell Street (go .4 mile)
Turn right onto Hollis Street (< .1 mile)
Take the first left onto Stanford (< .1 mile)
1335 Stanford is on the right

From Sacramento

Take I-80 WEST toward Berkeley/Sacramento
Take Powell Street Exit toward Frontage Road
Turn left onto Frontage Road
Turn left onto Powell Street (go .4 mile)
Turn right onto Hollis Street (< .1 mile)
Take the first left onto Stanford (< .1 mile)
1335 Stanford is on the right

From San Jose

Take I-880 NORTH toward Oakland to 80 EAST
Take Powell Street Exit (first exit off I-80 East)
Turn right onto Powell Street (go .4 mile)
Turn right onto Hollis Street (< .1 mile)
Take the first left onto Stanford (< .1 mile)
1335 Stanford is on the right

RECONNECT RESTORE

START *living
again.*



NORTHERN CALIFORNIA
**FUNCTIONAL
RESTORATION**
P R O G R A M

An integral division of Pain & Rehabilitative Consultants Medical Group

What is Functional Restoration?

Functional Restoration is a powerful multi-modality treatment consistent with the Chronic Pain Medical Treatment Guidelines (MTUS), which aims to improve the quality of life of chronic pain sufferers.

Research has shown that Functional Restoration Programs can effectively reduce the impact of pain in one's life as well as restore function. The principles of functional restoration apply to all conditions in general, and are not limited to injuries or pain.

NCFRP's goal is to **REBUILD, RECONNECT & RESTORE.**

REBUILD

- Optimize or reduce medication usage
- Reduce Depression
- Reduce Anxiety
- Reduce Stress
- Utilize effective coping skills and learn to independently manage pain
- Transition into a more self-directed pain management

RECONNECT

- Improve capability of employment by increasing tolerance to work activities
- Re-engagement in social, recreational and vocational activities
- Return to Work guidance and resources
- Support systems and family participation

RESTORE

- Increasing ability to perform activities of daily living and work activities
- Improve overall physical functioning
- Reduce utilization of Healthcare System

recover

rebuild

SUCCEED and THRIVE

REFERRING IS *easy!*

1

Primary Treating Physician (PTP) refers patient to NCFRP

 **FAX:** (510) 985-1191

 **EMAIL:** ncfrp@prcmg.com

 **ONLINE FORM:** www.ncfrp.com/referralform.php

 **or CALL NCFRP at (510) 985-1199 to request a referral form**

2

A comprehensive INITIAL EVALUATION is performed to determine candidacy and baseline measurements

3


FUNCTIONAL RESTORATION PROGRAM

4

Immediate Post-FRP appointment with the Primary Treating Physician (PTP)

5

AFTERCARE

 **Our dedicated bi-lingual administrative support team provides authorizations processing services as well as transportation and lodging accommodations for your patients.**



the NCFRP Advantage



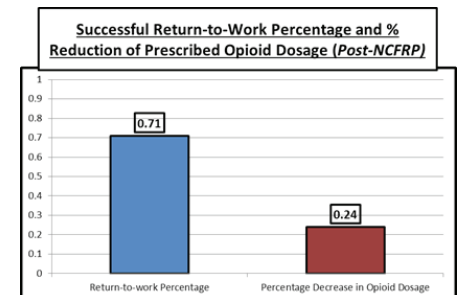
MISSION:

The Northern California Functional Restoration Program is designed to evaluate and treat patients with Persistent Pain and Delayed Recovery.

NCFRP's team of board certified pain specialists utilizes an interdisciplinary approach that integrates pharmacologic, interventional, psychosocial, cognitive, physical & occupational treatment modalities focused on Rebuilding lives by Restoring function & work capacity and Reconnecting with the community.

Our outcome measures studies evidence that individuals who are treated at NCFRP:

- Significantly improve physical functioning
- Improve emotional well-being; including depressive and anxiety-related symptoms
- Improve experiential functioning; better participation in activities-of-daily living, greater participation in desired social activities, and greater quality of interactions with significant others
- Have reduced reliance on opioid medications and other pain-related medications
- Have significantly high return-to-work rate and adaptive changes to stationary/permanent status



Summary Highlights for Reduction of Opioid Dosage and Return-to-work Rate:

- Reduction of Prescribed Opioid Dosage:
- 24% average reduction in opioid medication dosage post-NCFRP
- Return-to-work Rate:
- 71% of those seeking to return to work were successful post-NCFRP

Meet the Team



Babak Jamasbi,
MD, FACP, QME



Brendan Morley,
MD, FACP, APC, QME



Timothy Lo,
MD, MP, DABPN, QME



Arzhang Zereski,
MD



Jess Ghannam,
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